

KATE'S TEAM

KATE'S TEAM - THE NEWSLETTER

Kate's Team Reaches the Terry Fox Family



Darrell is the National Director of the Terry Fox Foundation, and accompanied Terry on the Marathon of Hope 26 years ago.

The package included letters from our family, two newspaper articles on the Team's activities and participation in the TFR-NYC, and a DVD of our appearance on the CBS Early Show last year.

Thank you, Marc!!!

Thanks to one of our fantastic team members, Marc Griffin, a former classmate of Kate's – high school and at Queen's University – a wonderful package filled with Kate's Team information was delivered to Terry Fox's brother, Darrell.

SPECIAL POINTS OF INTEREST:

- Kate's Team Reaches the Fox Family
- New Kate's Team Guestbook
- Team Member Accomplishments
- Team Love News
- Run Murphy Sisters Run!
- A Big Canadian Thank You

New Kate's Team Guestbook

We have added a new feature to the Kate's Team Web site — a guestbook.

This new feature will

keep us all connected long after the soreness from the 5K run is gone. It's also the perfect place to submit news for the next newsletter.

To leave a note, correspond with friends and update team members, please log into www.kateteam.org/guestbook.



Our Irish Dancer goes to Competition!

In November, Shannon O'Shaughnessy will travel to Philadelphia to compete in the Mid-Atlantic Regional Oireachtas Championships.

She will be competing in teams (4 hand and 8 hand) and her first solo championship competition.

It takes a lot of hard work and dedication to get to this level and Shannon is very excited to be going.

Congratulations, Shannon – we know you will do an amazing job!

Thomas O'Shaughnessy Memorial Pipe Band

Jimmy O'Shaughnessy participated with the Thomas O'Shaughnessy Memorial Pipe Band (www.tosmpipeband.com) at the NYC St. Patrick's Day parade this year.

The band is a EUSPBA Grade 4 Competition Band and has placed 1st at the Scottish Games in Westbury, NY in 2004 and 1st at the Nassau County Feis in 2005.



A New JOB for Colleen



Steve has finally convinced Colleen that jobs are in fact trendy and she's joined the 9 to 5 ranks. While the CBS Early Show lobbied hard for her to take over their weather girl position, Colleen chose to accept a position with XXXX as XXXX.

She's relocated to Amherst, Mass. — taking Ellie with her — and is enjoying her new position.

CBS is currently exploring giving Colleen "Willard Scott -like" guest appearances. Stay tuned!

Holly and Mike are getting married!



Mike and Holly got engaged on August 13th in the great state of New Hampshire on top of Mt. Cube.

The happy couple is planning on a having a ridiculously fun-filled Summer 2008 wedding somewhere in New England.

While the details have yet to come together (yes, they're a little slow) there is no doubt there will be good friends, good music, and of course good beer.

Erica and Brian are engaged!

Erica and Brian got engaged on June 16th — her parent's anniversary.

A September 1st, 2007 wedding is planned in Rochester, New York.

Now that Erica has stopped shaking when looking at her ring, they are busy planning all the details, so they can focus on the important things like the honeymoon.



Mr. and Mrs. Nathan Egan!



Jenn Schuler and Nate Egan were married in a beautiful ceremony on the Finger Lakes on Saturday, October 7th.

Congratulations!



Murphy Sisters to Participate in the Nike Women's Marathon



Erin and Kristen Murphy, Kate's Team TFR regulars, are participating in this year's Nike Women's Marathon in San Francisco (www.nike.com/nikemarathon/).

The run benefits the Leukemia & Lymphoma Society, the world's largest voluntary health organization dedicated to funding blood cancer research and patient services. Erin and Kristen are running in honor of their cousin Sarah, who was diagnosed with leukemia at the age of 9. They hope to raise \$8,000 in support of the Run, and will be using the TFR as a "warm-up" to their marathon, which is being held the following weekend - Sunday, October 22nd!!

You can support Erin and Kristen at: <http://www.active.com/donate/tntnyc/erin> and <http://www.active.com/donate/tntnyc/kristen>.

As we all know, every cent makes a difference, so please consider sponsoring them in their marathon! Best of luck to both of you, and thanks for participating in such a wonderful event!



A Big Canadian Thank You!

'Twas the night before the Terry Fox Run and Kate's Team was celebrating...

Each year the generosity of Kate's Team members and supporters is astounding and this year is no different. At press time of this newsletter the team has already raised more than \$22,000 for cancer research and more than 81 people will be participating in the run. The numbers of both can only go up!

Our efforts here are something we know make a big difference and can be very proud of.

So a big pat on the back to all of us — no matter what our times are after the race!

Let's celebrate!